

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

| | |
|--|---|
| Name of your organisation: Pecan | |
| If your organisation is part of a larger organisation, what is its name? N/A | |
| In which London Borough is your organisation based? Southwark | |
| Contact person: Mr. Chris Price | Position: Executive Director |
| Website: http://www.pecan.org.uk | |
| Legal status of organisation: Charitable company | Charity, Charitable Incorporated Company or company number: 801819 |
| When was your organisation established? 12/06/1989 | |

Grant Request

| |
|--|
| Under which of City Bridge Trust's programmes are you applying? Resettlement and Rehabilitation of Offenders |
| Which of the programme outcome(s) does your application aim to achieve? More ex-offenders successfully and sustainably resettled in the community and re-offending rates reduced More offenders and ex-offenders receiving help and support to improve their mental health |
| Please describe the purpose of your funding request in one sentence. Costs of sustaining our work with young women (18-25) ending their prison sentences to reduce reoffending and offer support into employment, education/training. |
| When will the funding be required? 01/09/2015 |
| How much funding are you requesting? Year 1: £25,000 Year 2: £25,000 Year 3: £25,000 Total: £75,000 |

Aims of your organisation:

Pecan was set up to relieve unemployment and poverty for the benefit of the public through the provision of training and other assistance to help people find employment. Working in Southwark and neighbouring boroughs we offer a range of supportive projects for exoffenders and their families, people living with mental health issues, the long-term unemployed, families and individuals living in poverty and hard to reach young people.

Whilst as an organisation we maintain a strong Christian ethos we do not seek to proselytize our faith to those that we work with, but maintain values that uphold the care and concern that we have for those that we seek to serve.

Main activities of your organisation:

Pecan was formed out of a response to the riots in Peckham, South London in the late 1980s. Our aim is to enrich the lives of vulnerable people through the provision of a food bank providing emergency food for people placed in immediate financial crisis, employment preparation schemes to adults over the age of 19, a mentoring support programme for young women leaving custody (the focus of this application), a shared skills project and via training for churches wanting to do employment support work. Central to all of these services is free impartial advice which helps disadvantaged people to find ways of solving issues that overwhelm them and have become a crisis in their lives.

Number of staff

| Full-time: | Part-time: | Management committee members: | Active volunteers: |
|------------|------------|-------------------------------|--------------------|
| 9 | 17 | 5 | 64 |

Property occupied by your organisation

| Is the main property owned, leased or rented by your organisation? | If leased/rented, how long is the outstanding agreement? |
|--|--|
| Owned | N/A |

Summary of grant request

Moving On offers one to one, bespoke, intensive resettlement support to young women aged between 18 and 25 who are nearing the end of their prison sentence and returning to a London borough. We work in a trauma-informed way with ex-offenders, offering a through the gate and an outreach service within their community for up to one year.

Our aim is to reduce re-offending by supporting clients to engage with services in the community and encourage them to take steps into education, volunteering, training and employment. We seek to empower the women; it's not about rewriting their past or denying its difficulties, but giving each person possibilities for constructive life changes and helping them become settled within their community. This may involve helping them to look for housing, deal with substance misuse issues, engaging with services such as mental health, social care, and probation. We offer character coaching and seek to develop the skills needed to have healthy relationships with family and friends; whilst working toward gaining the skills required to move into employment.

Prior to release, we work in the prison with clients to build relationships with them and set achievable goals they can work towards in the community, all tailored to the individual.

Many have experienced unstable family life (at least 60% coming from a care background), involvement with gangs, prostitution and substance misuse. Many have experienced domestic violence and are diagnosed in prison with a personality disorder. Many have left school without qualifications; housing is often precarious, resulting in homelessness and sofa surfing.

Moving On works pan London alongside prisons, other charities supporting ex-offenders, Metropolitan Police, probation (both NPS and CRC) and Social Care services. The work is managed by Sue Ryan who has 25 years' experience in the charity sector and in particular working with vulnerable people. Our staff team hold a range of professional qualifications and a wealth of experience, including knowledge of family support, education and law.

Moving On has a clear fit with City Bridge Trust's programme and can evidence successful outcomes in relation to more women ex-offenders being successfully and sustainably resettled in the local community and re-offending rates being reduced. We have worked with 138 women over the last 2.5 years, 24 of whom have returned to prison (many of whom did not reoffend but broke their license agreement). Our return to prison average of 17.4% sits favourably next to figures that show 45% of women leaving prison are reconvicted within one year (stats from 2010, MoJ). We work with an average of 50-60 young women per year.

We have two service users on our steering group who advise in the management and running of the project. We listen closely to our service user's views and hold a yearly review of the work. We monitor our outcomes through the Multi-Dimension Change Measurement questionnaire and have built a database that reflects both the work we do and the outcomes achieved.

An independent qualitative evaluation of the project in 2014 found that of the 124 women worked with at that time: 100% indicated that the project had helped with their resettlement and employment opportunities; 100% of those with a history of problems with drugs and alcohol felt the project had helped them overcome these; 99% indicated improvements in their behaviour towards others; 66% reported positive improvements in terms of their attitudes to re-offending; 100% reported positive changes in their self-confidence and happiness since working with their mentor.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Pecan is an 'Investors in People' employer and has held this status for over 10 years. We are also Matrix accredited to deliver advice services.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

100 x women to be recruited to the 'Moving On' project.

370 x one to one mentoring sessions with women in custody to prepare them for release.

1,200 x one to one mentoring/coaching sessions upon release within local community settings with a view to exploring resettlement issues.

18 x work based placements organised with local employers together with support for women into employment.

24 x women to engage in training or education.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

80% of young women not being returned to prison for re-offending or breaking bail conditions.

90% of female young ex-offenders having improved their self-confidence, motivation, problem solving skills and knowledge of the support services available to address the problems they face in resettling into the community and not to reoffend.

80% of female young offenders having improved their confidence, life and basic skills to improve their employability.

85% of female young offenders having increased their knowledge of the training and employment opportunities in the area to be able to determine an action plan for themselves to entry into volunteering, training and/or employment.

90% of female offenders reporting a more positive attitude to improving their life chances.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, for the longer term we are part of a consortium bidding for European Social Fund finance and are in conversation with the London provider of Transforming Rehabilitation, if successful in either of these we are likely to gain spot purchase contracts to work with individuals which we would hope to sustain with further approaches to charitable trusts and foundations.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

60

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

| Expenditure heading | Year 1 | Year 2 | Year 3 | Total |
|---|--------|--------|--------|---------|
| Staff Salary & On Costs | 94,009 | 95,889 | 97,807 | 287,705 |
| Staff Training & Travel | 6,320 | 6,446 | 6,575 | 19,341 |
| Client Costs (travel, refreshments etc) | 6,000 | 6,120 | 6,242 | 18,362 |
| Office Costs | 23,970 | 24,449 | 24,938 | 73,357 |
| Client Training Costs | 3,600 | 3,672 | 3,745 | 11,017 |
| Management Costs & Evaluation | 14,323 | 14,609 | 14,901 | 43,833 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |

| | | | | |
|---------------|----------------|----------------|----------------|----------------|
| TOTAL: | 148,222 | 151,185 | 154,208 | 453,615 |
|---------------|----------------|----------------|----------------|----------------|

What income has already been raised?

| Source | Year 1 | Year 2 | Year 3 | Total |
|---------------------|--------|--------|--------|--------|
| Henry Smith Charity | 31,300 | 31,900 | 32,500 | 95,700 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |

| | | | | |
|---------------|---------------|---------------|---------------|---------------|
| TOTAL: | 31,300 | 31,900 | 32,500 | 95,700 |
|---------------|---------------|---------------|---------------|---------------|

What other funders are currently considering the proposal?

| Source | Year 1 | Year 2 | Year 3 | Total |
|-----------------------------|--------|--------|--------|-------|
| Drapers' Company | 10,000 | 0 | 0 | 0 |
| Michael Varah Memorial Fund | 5,000 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |

| | | | | |
|---------------|---------------|----------|----------|----------|
| TOTAL: | 15,000 | 0 | 0 | 0 |
|---------------|---------------|----------|----------|----------|

How much is requested from the Trust?

| Expenditure heading | Year 1 | Year 2 | Year 3 | Total |
|-------------------------|--------|--------|--------|--------|
| Staff Salary & On Costs | 25,000 | 25,000 | 25,000 | 75,000 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |
| | 0 | 0 | 0 | 0 |

| | | | | |
|---------------|---------------|---------------|---------------|---------------|
| TOTAL: | 25,000 | 25,000 | 25,000 | 75,000 |
|---------------|---------------|---------------|---------------|---------------|

Finance details

Please complete using your most recent audited or independently examined accounts.

| | | |
|-----------------------|------------------------|----------------------|
| Financial year ended: | Month: March | Year: 2014 |
|-----------------------|------------------------|----------------------|

| Income received from: | £ |
|-----------------------------------|----------------|
| Voluntary income | 130,741 |
| Activities for generating funds | 46,664 |
| Investment income | 233 |
| Income from charitable activities | 642,442 |
| Other sources | 15,503 |
| Total Income: | 835,583 |

| Expenditure: | £ |
|---|-----------------|
| Charitable activities | 795,549 |
| Governance costs | 8,444 |
| Cost of generating funds | 0 |
| Other | 182,201 |
| Total Expenditure: | 986,194 |
| Net (deficit)/surplus: | -150,611 |
| Other Recognised Gains/(Losses): | 0 |
| Net Movement in Funds: | -150,611 |

| Asset position at year end | £ |
|----------------------------|------------------|
| Fixed assets | 539,955 |
| Investments | 0 |
| Net current assets | 548,155 |
| Long-term liabilities | 0 |
| *Total Assets (A): | 1,088,110 |

| Reserves at year end | £ |
|-----------------------------|------------------|
| Restricted funds | 54,423 |
| Endowment Funds | 128,239 |
| Unrestricted funds | 905,446 |
| *Total Reserves (B): | 1,088,110 |

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
71-80%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

There are no organisational changes to mention, but during the year the charity sold one of its properties at a loss of £178,106. Due to this extraordinary loss on disposal of fixed assets, there was an overall deficit of £150,611 for the year, as explained in our accounts

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

| | 2012 £ | 2013 £ | 2014 £ |
|---|-----------|-----------|-----------|
| City of London (except City Bridge Trust) | 0 | 0 | 0 |
| London Local Authorities | 130,819 | 210,292 | 187,934 |
| London Councils | 17,453 | 0 | 0 |
| Health Authorities | 0 | 0 | 0 |
| Central Government departments | 0 | 0 | 0 |
| Other statutory bodies | 0 | 0 | 0 |

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

| Name of Funder | 2012 £ | 2013 £ | 2014 £ |
|--------------------------------|-----------|-----------|-----------|
| Henry Smith Charity | 0 | 0 | 31,300 |
| Garfield Weston Foundation | 15,000 | 25,000 | 20,000 |
| Lloyds Bank Foundation | 0 | 16,000 | 16,000 |
| Jerusalem Trust | 0 | 15,000 | 0 |
| 29th May 1961 Charitable Trust | 5,000 | 5,000 | 5,000 |

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Chris Price**

Role within **Executive Director**
Organisation: